

AARP's Safe Driving Class

Acrylic Painting Class

Arts & Crafts

Benefits Counseling

Billiards

BINGO

Blood Pressure Screening

Book Discussions

Bridge

Cards

Commission on the Aging Meetings

Computer Classes and Labs

Educational Programs

Energy Assistance

Entertainment

Environment Corps

Exercise

Friends of the Senior Sunshine Center

Health Insurance Assistance

Holiday Parties

Hospitality Committee

Information and Referral

Intergenerational Programs

Lift Your Spirits Women's Group

Lunch (Senior Nutrition Program)

Movies

Needlework

Retired and Senior Volunteer Program

Speaker Program

Tai Chi

Tax Aide

Trips and Travel

Veterans Group

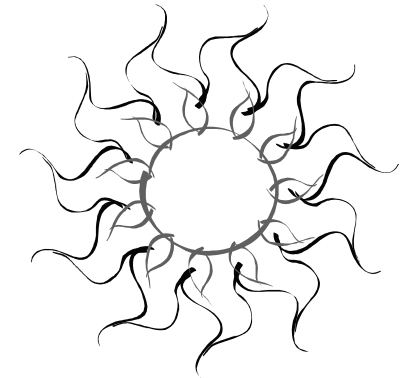
Watercolor Painting

Weight Training

Yoga

Zumba

...and more



New Fairfield Senior Center

To provide opportunities for enrichment and interaction for adults above the age of 60 in an atmosphere of support and respect and to maximize a sense of well being and health through participation in activities at the Center and in the community.

STAFF

Kathy Hull – Director

Mary Carneiro- Program Coordinator

Judy Kearns – Administrative Manager

LOCATION

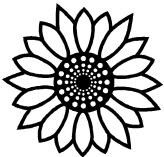
Heritage Plaza

28 Route 39, New Fairfield

HOURS

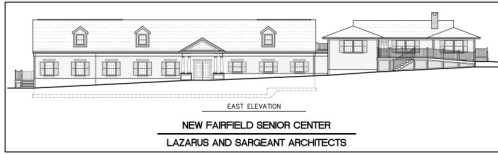
9-4:00 Monday – Thursday

9-3:00 Friday



HOSPITALITY

It is the Mission of the Hospitality Committee to promote a feeling of association and welcome and to encourage interest in the Senior Center. If you'd like a call from a member, let us know.



HISTORY

The New Fairfield Senior Sunshine Center was established by the Commission on the Aging in response to a 1985 survey to assess the needs of the elderly population in New Fairfield. The Center was opened in October of 1986 using the fire hall 3 days a week. As senior usage increased it became more apparent that more space and days were needed. Momentum to support that approach grew in the town. Some 4500 square feet of space was leased in Heritage Plaza. and was opened in February of 1997.

Under the administration of First Selectman John Hodge, property was purchased at 33 Route 37 and a building of more than 9,000 square feet was erected. The Senior Center moved in on July 3, 2009.

CALL (203) 312-5665

PHILOSOPHY

“Senior Citizens are vital and productive people with compassion for others and a concern for the world around them. They possess the desire to share their experience with others for the betterment of life.”



FRIENDS OF THE SENIOR CENTER

A non-profit organization whose purpose it is to provide additional funds and community support for additional programs that will benefit and enhance the lives of our community's older population.

This organization welcomes and invites the participation of people of all ages.

Meetings are the third Wednesday of the month at 4:00 PM

PROGRAMS YOU CAN AFFORD

Our goal is to provide quality programs while keeping user fees as low as possible. For that reason payment for a class is due upon registration. Once the session has begun, payment is non-refundable. Payment for half sessions will be at the discretion of the senior center. No less than a half session payment will be accepted